



Clinical Practice Initiatives

NaviCare® HMO SNP, a Medicare Advantage Special Needs Plan and NaviCare® SCO, a Senior Care Options program, both from Fallon Health, have endorsed the current ACC/AHA/HFSA Focused Update Guideline for the Management of Heart Failure. This guideline can be found at <http://fallonhealth.org/providers/medical-management/health-care-guidelines.aspx>.

Preventive patient education

NaviCare may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes, including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation, and avoidance of secondhand smoke.
- Appropriate pharmacologic therapy, along with regular follow-up visits, to support control of high blood pressure or congestive heart failure.
- Importance of following provider guidelines for limiting sodium intake and monitoring weight as clinically indicated.
- Psychosocial adjusting in living with a chronic illness.
- Importance of an annual influenza vaccine.
- Importance of pneumococcal vaccines on or after 65th birthday, according to current guidelines.
- How to minimize the risks associated with comorbid diabetes.
- Information related to smoking cessation.

Clinical indicators

When evaluating your performance, Fallon will review the percentage of your patients:

- Taking the following medications for at least six months, who received annual monitoring:
 - Diuretics, ACE inhibitors, angiotensin receptor blockers or angiotensin receptor neprilysin inhibitor, serum K⁺ and serum creatinine
- Received an annual influenza vaccine
- Are up-to-date with their pneumococcal vaccination, according to current guidelines

1-877-700-6996

Monday–Friday, 8:30 a.m.–5:00 p.m.

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