



Our team of medical professionals will work closely with you to be sure you're getting the care you need.

- Your nurse case manager will oversee your recovery, working with the orthopedic surgeon's staff, the hospital and the home health agency to make sure your experience after the operation is a positive one.
- Experienced, compassionate staff members from a certified home health agency working with your health plan will visit you in the comfort of your home. Licensed professionals will administer your various therapies, as ordered by your physician, and help with whatever you need to make a full recovery.
- Your orthopedic surgeon will see you in his or her office for regular follow-up visits as you recuperate.

Fallon Community Health Plan (FCHP)

FCHP provides health care services designed to meet the unique and changing needs of its members.

For more information, please call
1-800-868-5200
(TTY users, please call TRS Relay 711)
or visit fchp.org.



With the
Joint Effort Program,



not only can you go home
right away, but you can also
have your physical therapy
at home, too!





Here are some of the other services you'll receive.

- A home visit prior to your operation by a licensed physical therapist who will assess your post-operative needs and prepare you to return home.
- Home health agency staff will provide you with an intensive home therapy program.
- A physical therapist will evaluate you at home within 24 hours of discharge from the hospital and may, based on your care needs, request additional services including nursing, occupational therapy and home health aides.
- Exercise programs you can do on your own that will strengthen your joint.
- Healing body movements to perform, with the help of specialized equipment if needed.
- Referrals to organizations in your community that could help with your recovery.

Our partners in the Joint Effort Program

Skilled Nursing Facilities

Occasionally, patients need to recuperate for a short time in a skilled nursing facility (SNF) immediately after their stay in the hospital. If you qualify for a SNF, your FCHP nurse case manager will coordinate your care at one of the two facilities below. Both specialize in total joint replacement care.

Jewish HealthCare Center

629 Salisbury St.
Worcester, MA 01609
1-508-798-8653

Life Care Center of Auburn

14 Masonic Circle
Auburn, MA 01501
1-508-832-4800

If you qualify for a SNF, your Joint Effort Program will begin once you're back home.

Hospitals

Saint Vincent Hospital

Saint Vincent Hospital offers a variety of specialty care centers including orthopedics. One hour joint education classes are offered each week. Please call 1-800-201-0574.

UMass Memorial Arthritis and Joint Replacement Center

Highly trained orthopedic surgeons are nationally recognized and perform hundreds of total hip and knee replacements each year with exceptional outcomes. For more information please call 1-508-334-1955.

Home Health Care

MetroWest HomeCare & Hospice, *affiliated with St. Vincent Hospital*

Through their compassionate and caring health care team, MetroWest HomeCare & Hospice is dedicated to enhancing the quality of life for every patient entrusted to their care. Please call 1-508-383-7000 or visit www.mwmc.com.

JHC HomeCare, *an affiliate of Jewish Healthcare Center*

JHC HomeCare combines quality care, comprehensive services, and state-of-the-art technology to bring you the best possible care. For more information, please call 1-508-713-0538 or visit www.jhchomecare.com.

VNA Care Network & Hospice

As a home health industry leader, their exceptional staff has experience meeting the needs of total joint replacement patients at home. Call 1-800-728-1862 or visit www.vnacarenetwork.org.

Overlook Care at Home

Overlook VNA, Inc. offers quality care by an excellent staff. All employees are carefully selected, trained, thoroughly screened and appropriately licensed. Call 1-800-990-7642.